



## Guidelines for receiving web coaching from Larissa

After your confirmed payment of my web coaching, I will share files with you powered by [www.humyo.com](http://www.humyo.com) a file storage service which enables me to securely share and collaborate on files with you. You must register with Humyo in order to receive these files. It takes only a few moments to register for 10 GB free storage with Humyo and you'll be able to access the files I have shared with you straight away. In order to start the process, please click on the orange file link that appears in your email. This will take you to a Humyo sign up page. Please select the Humyo online storage package that best suits your needs. After registering for Humyo, you will be taken to a page that describes the contents of the file(s) I have shared with you. Here you will have the option of either saving this file to your computer or opening the containing folder in your Humyo page. If you save your file to your computer, you can access the file I have shared with you from your hard drive. If you open the containing folder, you can download the file at any time onto any computer.

If you have any questions, or require further assistance, please do not hesitate to contact me at [www.larissacoxtraining.com/contact me.html](http://www.larissacoxtraining.com/contact%20me.html)



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